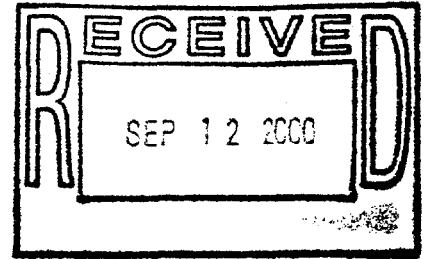


 also

Milan, 8 September 2000

Office of Special Nutritionals (HFS-450)  
Center for Food Safety and Applied Nutrition  
Food and Drug Administration  
200 C St. SW  
Washington DC 20204



### Notification for Certain Types of Statements on Dietary Supplements

This serves as notification that

ALSO S.p.A.  
Località Pian del Tivano  
22020 Zelbio (Co)  
Italy

markets or intends to market dietary supplement products with the following statements:

"R2 SPORT ENERVIT is an energy supplement containing branched-chain amino acids, L-glutamine, polycosanols, vitamins and minerals, designed to help accelerate the body's recovery process after particularly intense and prolonged sport activities.

- The product contains simple carbohydrates (dextrose, sucrose and maltodextrin) which quickly restore the body's reserves of glycogen.
- The branched-chain amino acids (leucine, isoleucine and valine) favour recovery of correct protein levels and muscle tone.
- L-glutamine is useful for contrasting symptoms of fatigue.
- Vitamins C and E contrast the action of peroxidising free radicals generated by energy cycles.
- Potassium, magnesium and vitamins in the product complete the pool of nutrients at disposal of sportsmen to satisfy increased consumption.
- The polycosanols (from sugar cane) can be useful in contrasting microsomal fat peroxidation."

Product: R2 SPORT Powder

Dietary ingredients: branched-chain amino-acids, L-glutamine, polycosanols, vitamins and minerals.

975-0162

L5878



**"GRANULAR ENERVITENE is an energy supplement which is useful whenever an energy supply for instant and gradual use is required.**

**GRANULAR ENERVITENE contains different kinds of carbohydrates, both for instant and gradual use; furthermore, it is supplemented with vitamin C and B group vitamins necessary during energy use."**

**Product: Enervitene Granular**

**Dietary ingredients: carbohydrates and vitamins**

**"Carbohydrate and Vitamins Energy Supplement for intense muscular and sporting activity."**

**"For an immediate and gradual supply of energy during prolonged physical exercise, consume ENERVITENE before or during the activity."**

**Product: Enervitene liquid**

**Dietary ingredients: carbohydrates and vitamins**

**"ENERVIT GT energy tablets are prepared with readily usable carbohydrates; the vitamins have been chosen from those most involved in the use of the carbohydrates themselves, and their action is complemented by the presence of potassium and magnesium aspartates (possessing anti-cramp properties), together with sodium chloride, these salts actively contribute to the reintegration of the losses caused by perspiration."**

**Product: Enervit GT tablets**

**Dietary ingredients: carbohydrates, vitamins, and aspartates**

**"Dissolved in water, the mix provides an isotonic drink for restoring the water-mineral salts balance of the body, useful for re-hydration during and after intense muscular activity, such as sport, whether amateur or professional."**

**Product: Enervit G Granular**

**Dietary ingredients: carbohydrates, vitamins, aspartates, mineral salts**

**"An easy to digest bar (containing less than 5% fat) that gives immediate and time-released energy. Enervit Power Sport provides:**

- energy from carbohydrates: fructose and dextrin**
- protein, equal to 19% of the total energy**
- minerals (potassium and magnesium) and vitamins B1, B2, B6, PP and C, involved in the use of energy and support of muscle contraction."**

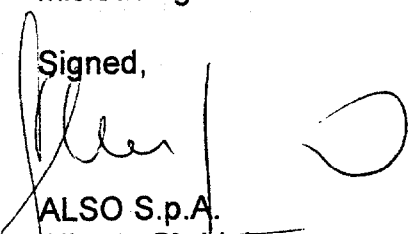
**Product: Power Sport bar**

**Dietary ingredients: carbohydrates, vitamins, and minerals**



I certify that the information provided in this notice is complete and accurate, and that the above named company has substantiation that the statements are truthful and not misleading.

Signed,

  
ALSO S.p.A.  
Alberto Sorbini  
Managing Director